



Reboleira Route

Manteigas - Trilhos Verdes

www.manteigatrilhosverdes.com

PR
8
MTG



Extension: **15,8 km** (25,8 km with derivations and variables)

Duration: **5 hours** (approx.)

Altitude: between **566** and **1052** metros

Type: **Circular**

Advised direction: **Opposite to clockwise**

BTT: **Yes**



QR Code

For reading, point
your mobile phone
camera and acti-
vate the capture of
the code.

Difficulty: **Medium**



Reboleira Route

On **Reboleira Route** you can admire landscapes marked by human presence, through the villages that white dot the intense green of the horizon, the flaps carved into the earth, terraces, marshes, woods and fallow and grazing areas.

You can also witness the influence of shale in the mountain lodges and walls that adorn part of the journey and that typify the landscape.

One of the most prominent locations on **Reboleira Route** which is evidenced by its characteristic native vegetation through the intermediate floor is Souto's district. Known locally as "**Reboleiro**", this wild tree produces small but very tasty nuts that are dry by the fireplace in winter and constituted an important food source in the past. As the name suggests, the **Souto's County** is an area property of



Route detail

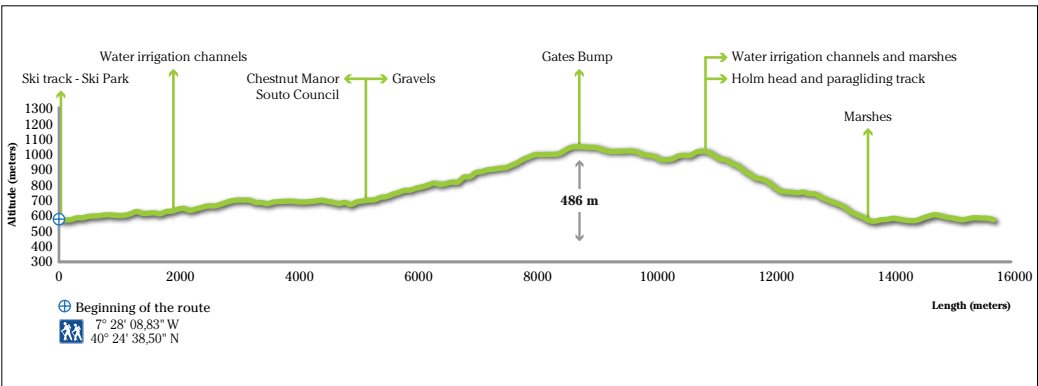


Pormenor do percurso



Zêzere River

Relevant points





Route detail



Route detail

the Municipality of Manteigas and that wins in the autumn a multicolour expression of extreme natural beauty.

The **Reboleira Route** provides a unique opportunity to walk a trail flooded by the beauty of **Zêzere River Valley** by the immensity of the Mountain, by the magnificence of mixed and coniferous forests, populated by species of invaluable and unique geological phenomenon, such as the case of gravel, which represent deposits of coarse rock fragments, not consolidated, lithology and mobility variables, usually located in pending tilt moderate to strong, colonized, or not by vascular vegetation, especially in a unique way the natural landscape that surrounds the trail.

This route also gives a clue to know **Ski - SkiParque**, which offers the possibility of skiing and snowboard all year on synthetic tracks.

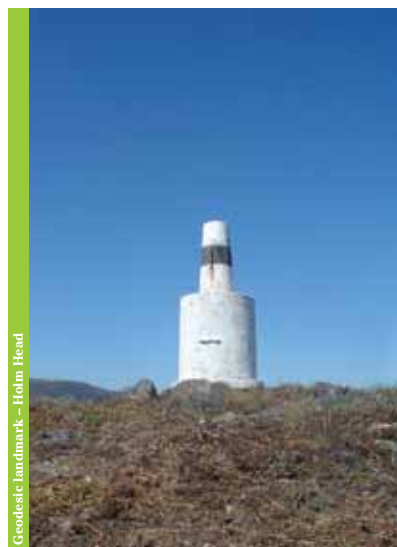
The Reboleira Route allows the observation of floristic species of great conservationist interest as is the case of *holly*, *oak*, etc..

You can still see the *alder*, the *strawberry*, *chestnut*, *hawthorn*, *heather*, the *briar*, etc..

The habitats diversity equals a multi variety of **fauna**, highlighting *montagu's harrier*, *pyrenean desman*, the *great horseshoe bat*, the *less horseshoe bat*, *ladder snake*, the *tawny owl*, the *common kestrel*, *wild boar*, *fox*, among others.

Close to rail can be found some bee hives that you should not in any way disturb!

The walkers who can develop anaphylactic reactions should take extra care.



Geodesic landmark – Holm Head



Route detail



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